## **HOW IT WORKS**

When you have orthodontic Treatment it is for one or more reasons, namely: crowded teeth; crooked teeth; poorly aligned bite; appearance of your smile.

Nevertheless, the general outcome aimed for is the movement and re-alignment of your teeth.

INSERT Clincheck vid #1

That outcome will use an appliance – usually (but not always) brackets fixed to the teeth – which are joined with wires. [Braces on vid]. The wires are "stretched" so they exert a pull on the teeth, through the bracket. The direction of the pull is decided by the Treatment Plan especially designed for you.

At each regular appointment the wires are checked and the "pull" changed, to continue the journey to the final outcome.

It is important that you keep appointments AND avoid damaging your braces AND maintain good oral hygiene. Failing to do all of those things will affect the overall result.

[Related: FAQs; Pat Journey – Working together; Pat Booklets]